



Product 3114  
4" High Fiber Reduced  
Fat Bosco Stick

**Nutrition Facts**

Serving Size 2 Bread Sticks (96g)  
Servings Per Container 72

Amount Per Serving

Calories 190      Calories from Fat 50

% Daily Value\*

Total Fat 6g      9%

Saturated Fat 2g      10%

Trans Fat 0g

Cholesterol 5mg      2%

Sodium 160mg      7%

Total Carbohydrate 30g      10%

Dietary Fiber 2g      8%

Sugars 1g

Protein 12g

Vitamin A 4%      • Vitamin C 0%

Calcium 20%      • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	85g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:**

**Crust:** Enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid, enzyme), Water, Whole-wheat flour, Sugar, Corn oil, Partially hydrogenated oil (soybean oil, cottonseed oil, vegetable glycerides), Salt, Yeast, Enzyme.

**Cheeses:** Reduced fat, reduced sodium mozzarella cheese (part skim milk, non-fat milk, modified food starch\*, cheese culture, salt, potassium chloride\*, natural flavors\*, annatto, vitamin A palmitate, enzyme), Part skim mozzarella cheese (part skim milk, cheese culture, salt, enzyme).

\*Ingredients not found in regular mozzarella.

Contains Milk, Wheat.

**Net weight 13.8 lbs. (144 pack)**

**Child Nutrition Contribution**

**Per 2 Bosco Sticks**

**2 ¼ Bread**

**1 M/MA**

Approved By: Michael Nagle, Date: September 21, 2009

Michael Nagle, M.S., Food Safety Specialist